

Hair Loss

Hair Loss

Overview

Anyone can experience hair loss, but it is more common in men. Hair loss may be due to genetics, hormonal changes, medical conditions or medications taken.

What conditions could cause hair loss?

Other conditions that may cause hair loss include:

- Fungal infection
- Autoimmune conditions
- Low iron
- Lupus
- Side effects of different medications

What are the symptoms of hair loss?

Symptoms of hair loss may include:

- Gradual thinning on top of the head
- Circular or patchy bald spots
- Sudden loosening of hair
- Full-body hair loss
- Patches of scaling spreading over the scalp

Can hair loss be prevented?

Hereditary male-pattern baldness and female-pattern baldness is inevitable. However, some measures can be done to prevent hair loss. This includes:

- Avoiding tight hairstyles such as braids
- Avoiding rubbing or pulling of the hair
- Avoiding harsh treatments such as curling irons or hot oil treatments
- Protecting the hair from sunlight

What treatments are available for hair loss and should I have one?

Treatment for hair loss includes topical lotions, medications or hair transplant. Some men are not concerned by the condition and will go on without treatment.